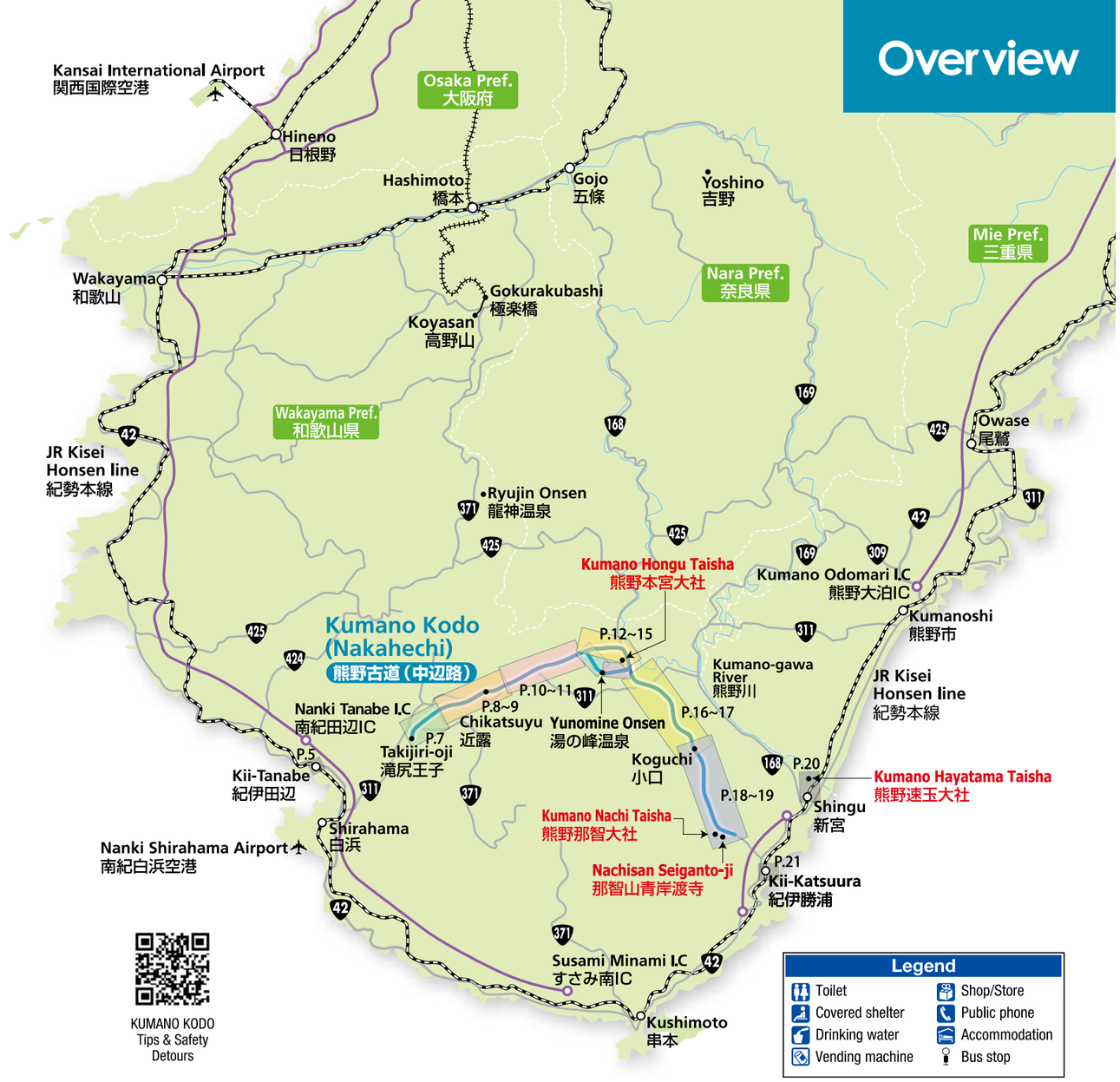
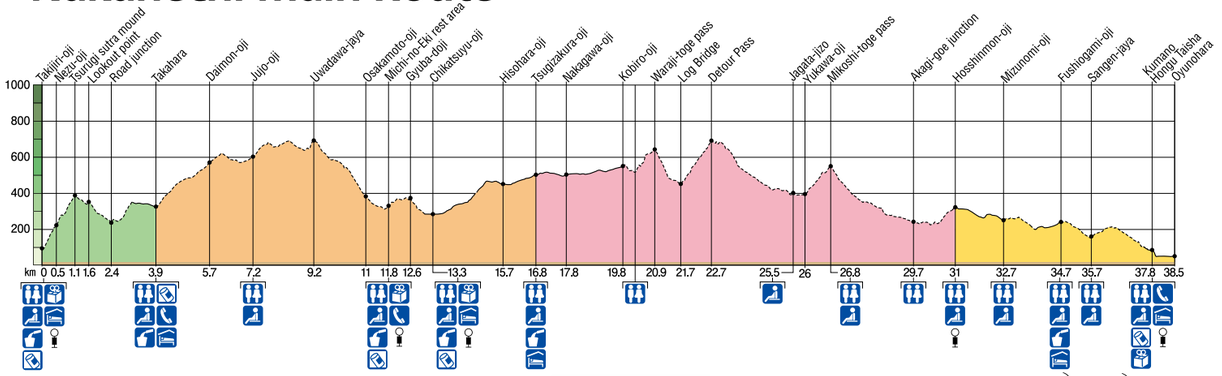
Overview

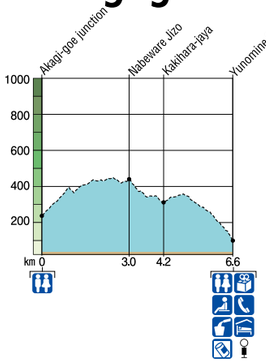


KUMANO KODO
Tips & Safety
Detours

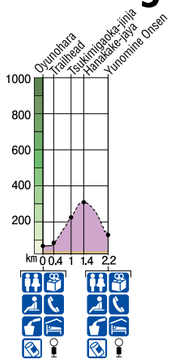
Nakahechi Main Route



Akagi-goe



Dainichi-goe



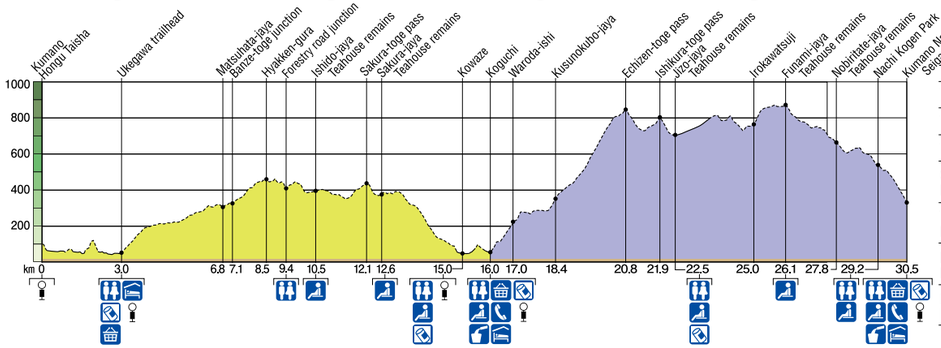
Unpaved trail
Paved road

	Distance (km)	Time (hr)	Total Elevation Gain (m)	Total Elevation Loss (m)	
Takijiri-oji~Takahara	~4	2~3	~430	~200	P.7
Takahara~Tsugizakura-oji	~13	6~8	~830	~650	P.8~9
Tsugizakura-oji~Hosshinmon-oji	~14	6~8	~780	~980	P.10~11
Hosshinmon-oji~Kumano Hongu Taisha	~7.5	2~3	~190	~460	P.12~13
Dainichi-goe	~2	1~2	~250	~190	P.12~13
Akagi-goe	~6.5	3~4	~460	~320	P.12~13
Kogumotori-goe (Ukegawa Trailhead start)	~13	4.5~6	~670	~690	P.16~17
Ogumotori-goe	~14	7~9	~1260	~930	P.18~19

NOTE: The Kumano Kodo is a mountain trail, therefore walking times vary greatly depending on weather, season, personal experience, and fitness. Please plan accordingly for a safe walk, as many people underestimate the difficultly of the terrain.

Kogumotori-goe

Ogumotori-goe



	Distance (km)	Time (hr)	Total Elevation Gain (m)	Total Elevation Loss (m)
Takijiri~Chikatsuyu-oji	~14	6~8	~1010	~840
Takijiri~Tsugizakura-oji	~17	7~10	~1260	~850
Takahara~Chikatsuyu-oji	~10	4~6	~590	~640
Chikatsuyu-oji~Kumano Hongu Taisha	~25	9~12	~1210	~1470
Tsugizakura-oji~Kumano Hongu Taisha	~21.5	8~11	~960	~1440
Kobiro-toge bus stop~Kumano Hongu Taisha	~19	7~10	~910	~1360
Doyukawa-bashi bus stop~Kumano Hongu Taisha	~17	6~9	~770	~1170